

Listening Pack

This listening section has two parts:

In **Part I (Note-Taking)**, students listen to the recording once without seeing the questions, taking notes on the note-taking sheet provided. The questions for this part are distributed only after the recording ends, and students must answer based on their notes alone, the recording is not played again.

In **Part II (While-Listening)**, students first read the questions, then listen to the recording twice, answering the questions during listening.

Listening 1: https://www.youtube.com/watch?v=o_XVt5rdpFY

Note-taking: Listen to the recording once and take notes on the note-taking sheet.

How Polyglots Learn Languages

1. The Polyglot Secret

- Why the speaker investigates polyglots:

- _____

2. Different Ways of Learning

- Benny: _____
- Lucas: _____
- Other approaches: _____

3. The Common Factor

- What do successful language learners have in common?

- _____

4. Making Learning Enjoyable

- Examples from the speaker:

- _____

- _____

5. Three Principles

1.

2.

3.

6. Talent vs. Method

- Benny: _____
- Lucas: _____

While-listening: Listen to the recording again and answer the multiple-choice questions.

1. According to the speaker, what allows Benny to speak with native speakers so easily nowadays?

- A) He travels to countries where the language is spoken.
- B) He studies grammar rules before speaking.
- C) He uses websites, so he no longer needs to travel to find speakers.
- D) He avoids speaking until he feels confident.

2. What was the ultimate result of Lucas's method?

- A) He became confident enough to start writing his own replies without copying.
- B) He stopped using Skype and began speaking with native Russians directly.
- C) He taught his method to other language learners.
- D) He realized the method was too time-consuming to continue.

3. What surprised the speaker most about the different methods polyglots use?

- A) That grammar-based methods were the least popular among polyglots.
- B) That most polyglots used the same method to learn.
- C) That polyglots preferred not to use technology.
- D) That despite using different methods, they reached the same result.

4. How did the speaker's experience of reading Harry Potter in Spanish compare to using her textbook?

- A) The textbook was more motivating because it used simpler language.
- B) Both were equally enjoyable once she understood the vocabulary.
- C) Harry Potter was more engaging, even though it was initially difficult to understand.
- D) She found Harry Potter too difficult and returned to the textbook.

5. The speaker says that enjoying the process alone is not enough to reach fluency. Which of the following does she NOT list as one of the additional principles needed?

- A) Using effective methods
- B) Creating a learning system
- C) Being patient
- D) Studying with a professional teacher

6. What does the speaker mean by “little victories”?

- A) Successfully completing language courses
- B) Small moments of progress and understanding**
- C) Learning a large number of words quickly
- D) Receiving positive feedback from teachers

7. Why does the speaker mention Benny and Lucas's earlier experiences with languages?

- A) To show that they had unusually difficult teachers
- B) To demonstrate that they were naturally gifted from childhood
- C) To show that successful language learning is not necessarily about talent**
- D) To explain why some languages are easier than others

8. What is the speaker's main message at the end of the talk?

A) Anyone can become fluent by finding an enjoyable and effective way to learn.

B) Learning several languages requires natural ability.

C) Language learning is successful when it is highly structured.

D) Speaking with native speakers is an effective learning method.

Listening 2: <https://www.youtube.com/watch?v=H14bBuluwB8>

Note-taking: Listen to the recording once and take notes on the note-taking sheet.

Grit: The Power of Passion and Perseverance

1. The Speaker's Experience as a Teacher

- What she noticed about students:

○ _____

- Question this led her to investigate:

○ _____

2. Researching Success

- Settings studied:

○ _____

○ _____

○ _____

3. What Predicts Success?

- The key characteristic: _____

- Meaning of "grit":

○ _____

○ _____

4. Grit in Education

- Main finding from Chicago schools:

○ _____

- Students especially affected:

○ _____

5. Grit and Talent

- Relationship between talent and grit:

○ _____

6. Growth Mindset

- Main idea:

○ _____

- How it may help students:

○ _____

7. The Way Forward

- What researchers still need to do:

○ _____

Listening 3: <https://www.youtube.com/watch?v=8KkKuTCFvzl>

Note-taking: Listen to the recording once and take notes on the note-taking sheet.

What Makes a Good Life?

1. The Harvard Study

- Purpose:

○ _____

- Duration / participants:

○ _____

2. What Makes People Happy and Healthy?

- Main finding:

○ _____

3. Three Lessons About Relationships

Lesson 1: _____

- _____

Lesson 2: _____

- _____

Lesson 3: _____

- _____

4. Why Are Relationships Difficult?

- _____

5. The Good Life

- What should we invest more time and energy in?
 - _____

While-listening: Listen to the recording again and answer the multiple-choice questions.

1. What does the speaker say many young adults consider important for a good life?

A) Having strong relationships and a supportive community

B) Becoming wealthy and famous

C) Having a healthy lifestyle

D) Finding a meaningful career

2. Why does the speaker mention the two different groups of men in the study?

A) To show that the study included people from very different backgrounds

B) To explain why the study was difficult to organize

C) To compare the educational achievements of the two groups

D) To demonstrate that wealthy people live longer

3. According to the first lesson, what is one consequence of loneliness?

A) It can negatively affect both physical and mental health.

B) It mainly affects people's professional relationships.

C) It makes people more independent and self-confident.

D) It usually disappears when people get older.

4. What does the speaker mean by saying that the quality of relationships matters?

A) Having many friends is more important than having close friends.

B) Being in any relationship is better than being alone.

C) The emotional quality of close relationships is more important than their number.

D) People should avoid disagreements in relationships.

5. What did researchers discover about people at age 50?

A) Their cholesterol levels were the best predictor of their future health.

B) Their relationship satisfaction was linked to their health at age 80.

C) Their income predicted how happy they would be in retirement.

D) Their number of friends predicted their physical health.

6. How can strong relationships affect people as they grow older?

A) They can protect both physical and cognitive well-being.

B) They can prevent people from experiencing physical pain.

C) They can make people completely avoid disagreements.

D) They can help people become more financially successful.

7. Why does the speaker say that relationships are easy to ignore?

A) They require lifelong effort and can be complicated.

B) They usually become less important as people age.

C) People generally have too many relationships to manage.

D) They do not produce immediate or measurable results.

8. What does the speaker ultimately encourage people to do?

A) Focus on professional achievements before retirement.

B) Spend less time with others and more time on themselves.

C) Invest time and effort in meaningful relationships.

D) Avoid conflict by ending difficult relationships.

Listening 4: https://www.youtube.com/watch?v=B3A8HfJ2_gY

Note-taking: Listen to the recording once and take notes on the note-taking sheet.

The missing piece of the clean energy transition

1. Randa's Story

- Daily challenge:

○ _____

- Situation at the clinic:

○ _____

2. Energy Poverty

- What it means:

○ _____

- Scale of the problem:

○ _____

3. Why Is Energy Poverty Overlooked?

- Main reason:

○ _____

- Problem with current energy policies:

○ _____

4. Women as Agents of Change

- Role of grassroots organizations:

○ _____

- Examples of renewable technologies:

○ _____

5. The Power of Working Together

- Benefits of organizing women into groups:

○ _____

6. The Way Forward

- What is needed:

○ _____

- Speaker's vision:

○ _____

While-listening: Listen to the recording again and answer the multiple-choice questions.

1. Why does the speaker describe Randa's experience?

- A)** To show how energy poverty affects people's everyday lives
- B) To explain why rural communities prefer traditional energy sources
- C) To compare energy use in Senegal and other countries
- D) To demonstrate the importance of improving healthcare

2. According to the speaker, what is one problem with the mainstream approach to the energy transition?

- A) It focuses too much on developing countries.
- B)** It assumes that everyone already has access to modern energy.
- C) It gives too much attention to women's organizations.
- D) It prioritizes traditional energy sources over renewable ones.

3. Why does the speaker believe women's energy poverty is not sufficiently prioritized?

- A) Women are less interested in the energy sector.
- B) Women have limited access to renewable technologies.
- C)** The energy sector is largely dominated by men.

D) Energy policies are mainly designed by local communities.

4. What role do women-led grassroots organizations play according to the speaker?

A) They mainly provide financial support to governments.

B) They help communities move toward more sustainable energy systems.

C) They replace large renewable energy companies.

D) They focus primarily on increasing women's employment.

5. How can renewable energy technologies benefit women farmers?

A) They allow them to significantly reduce their working hours.

B) They remove the need for any farming equipment

C) They support activities such as irrigation and processing crops.

D) They make it possible for them to move to urban areas.

6. Why does the speaker emphasize the importance of bringing women into associations?

A) Working collectively gives women greater influence.

B) Associations provide women with professional training.

C) Groups make it easier to replace traditional energy sources.

D) Working together allows women to avoid participating in politics.

7. What does the speaker suggest about current climate finance?

A) Most of it already targets energy poverty.

B) It provides sufficient support for gender equality.

C) Too little of it is directed toward energy poverty and gender equality.

D) It mainly supports women-led organizations.

8. What is the speaker's main vision for the future of energy?

A) Increasing energy production as quickly as possible

B) Focusing primarily on large-scale renewable energy projects

C) Creating an energy transition that promotes both sustainability and social justice

D) Giving governments greater control over local energy organizations

Listening 5: <https://www.youtube.com/watch?v=QOCZYRXL0AQ>

Note-taking: Listen to the recording once and take notes on the note-taking sheet.

Physical Intelligence: AI Enters the Physical World

1. AI and Robotics

- Current separation:

○

- New development:

○

2. Physical Intelligence

- Definition:

○

- Main goal:

○

3. Liquid Networks

- Inspiration:

○

- Main advantage:

○

4. How Can Machines Learn?

- Text → Robot:

○

- Image → Robot:

- _____
- Human → Robot: _____
- _____

5. Potential Benefits

- _____
- _____

6. Challenges / Responsibilities

- _____

Listening 6: <https://www.youtube.com/watch?v=dItUGF8GdTw>

Note-taking: Listen to the recording once and take notes on the note-taking sheet.

Critical Thinking

1. Why Critical Thinking Matters

- Main purpose: _____
- _____

2. Five-Step Process

Step 1: _____

- _____

Step 2: _____

- _____

Step 3: _____

- _____

Step 4: _____

- _____

Step 5: _____

- _____

3. The Overall Goal

- _____

Answer Key:

Listening 1: How Polyglots Learn Languages

1-C 2-A 3-D 4-C 5-D 6-C 7-B 8-A

Listening 3: What Makes a Good Life?

1-B 2-A 3-A 4-C 5-B 6-A 7-A 8-C

Listening 4: Women and the Fight Against Energy Poverty

1-A 2-B 3-C 4-B 5-C 6-A 7-C 8-C