

REPUBLIC OF TURKEY

ISTANBUL MEDIPOL UNIVERSITY FACULTY OF DENTISTRY

GUIDELINES ON ATTIRE FOR LABORATORIES AND CLINICS

Purpose

Article 1 – The purpose of these guidelines is to define the characteristics and usage principles of attire to be worn by students, dentists, and trainee dental students in the laboratories and clinics of Istanbul Medipol University Faculty of Dentistry, as well as to establish behavioral standards for students.

Scope

Article 2 – These guidelines encompass the regulations regarding the attire to be worn by students, dentists, and trainee dental students during laboratory and clinical activities.

Laboratory Attire Specifications

Article 3 – Students enrolled in preclinical and phantom laboratory training (1st, 2nd, and 3rd-year students) are required to wear white scrubs (short-sleeved or long-sleeved) as depicted in the accompanying visuals. Students may opt to wear plain white long-sleeved clothing underneath short-sleeved scrubs. Female students who wear headscarves must use plain white headscarves. No clothing other than a white coat is permitted over the uniform.

Clinical Attire Specifications

Article 4 – During clinical training in the academic departments, 4th and 5th-year students are required to wear white tops and navy blue or burgundy bottoms (scrubs), as shown in the accompanying visuals. The bottom color selected at the beginning of the 4th year must remain the same throughout the 5th year. Name tags must be worn at all times. Students may wear plain white long-sleeved clothing under short-sleeved scrubs. Female students who wear headscarves must use plain white headscarves or those matching the color of their bottom uniform. Students are permitted to wear white coats over their uniforms; however, sweatshirts, t-shirts, sweaters, or other garments are not allowed over the uniform. Additionally, jeans, leggings, tracksuits, or shorts are prohibited.

Use of Attire, Limitations, and Basic Rules

Article 5 –

(1) Attire must be worn in a manner befitting a dentist during the academic terms within Istanbul Medipol University Faculty of Dentistry.

(2) In laboratory and clinical practices:

- a) Accessories such as badges, symbols, emblems, or pins, except for the university and faculty logo, are not permitted.
- b) Attire must be clean and ironed; torn, perforated, or transparent clothing is prohibited.
- c) Items featuring political symbols, imagery, or inscriptions (scarves, hats, caps, uniforms, bags, etc.) are not allowed.
- d) For hygiene and contamination prevention, nails must be kept short, nail polish should be limited, and hair must be tied back. Long nails or artificial nails are not permitted.
- e) Makeup should be modest and natural.
- f) Jewelry must be minimal and should not interfere with laboratory or clinical practices. Items such as dangling bracelets are prohibited.
- g) Male students must keep their hair and facial hair clean, neat, and properly groomed.
- h) Long hair must be tied back and kept under the coat. Hair accessories should be minimal, and hair must not be left loose or untidy.
- i) Comfortable and hygienic sports shoes are preferred. Sandals, open-toe shoes, boots, heels, and non-hygienic footwear such as slippers (except clogs) are prohibited.

Article 6 – Students who fail to comply with the attire regulations stipulated in these guidelines will not be allowed entry to laboratories or clinics.

Enforcement

Article 21 – These guidelines shall take effect as of the beginning of the 2025-2026 academic year.

Execution

Article 22 – The provisions of these guidelines shall be executed by the Dean of Istanbul Medipol University Faculty of Dentistry.



1st, 2nd and
3rd years



Alternately 4th and 5th
years



Alternately 4th and 5th years